

Teresa House School

Trusted to deliver excellence

www.educ8.org.uk

Welcome to Teresa House School

At Teresa House School we recognise that maintaining young people in education is of vital importance. Our school is registered as an independent school catering for a maximum of four female students, aged 11-18 and provides full time education. We put a strong emphasis on vocational courses and broadly follow the National Curriculum leading up to GCSE and Functional Skills accreditation.



Our Approach

Our unique approach seeks to ensure children feel safe, secure, not-judged, accepted and understood. We offer a variety of educational packages to small groups of students who are residents of Your Chapter homes. We provide all students our bespoke education at our uniquely equipped Teresa House School. Our aim is for our students to build up self-esteem and attain nationally recognised qualifications which will provide a pathway to apprenticeships and adult employment and integration into community life. We are able to transform the lives of young people, encouraging positive relationships with a high emphasis on life enriching opportunities and activities, and developing strategies to help them to navigate their way through life situations.

Our Vision

Our vision is to help children and young people to develop their social, independence and education skills so they can fulfil their aspirations and potential. Teresa House School offers a range of bespoke high quality educational care for young people within a safe and homely environment and has been specifically designed to support individuals in leading active and independent lives. We empower and inspire young people to make the right choices in pursuit of their passion and happiness, through a broad and bespoke curriculum.

- 1** Person-centred framework that places each young person at the heart of their learning.
- 2** Bespoke education with positive outcomes that provide successful, stable placements.
- 3** High-quality educational care that is a positive, enriching experience for young people.
- 4** Qualified teachers who have the skills and experience needed to meet the individual learning needs of each young person.

A flagship educational service

We make a real and lasting difference to children's lives through quality education and care solutions that address the young person's specific needs.



Teresa House School offers a warm and friendly therapeutic environment with outstanding specialist support for children and young people. Whether we're working with our society's most vulnerable young people, or with those displaying challenging behaviours, we believe everyone deserves the best chance to grow, and to get an education that equips them for a brighter future.



The support afforded to young people at Teresa House School is delivered by care, education and clinical professionals who work together to meet the holistic needs of individual children. Children benefit from a highly stimulating and well organised curriculum which is a main driver behind young people's learning success. Our team are passionate about their work and determined to ensure that children realise their full potential with pathways that tackle the difficult transitional journeys from childhood to adulthood.

Improving Children's Experiences

At Teresa House School we use approaches to understand a young person's behaviour, rather than just describe it, recognising the possible impact of learning differences associated with challenging behaviour, and how these uniquely impact on the young person. We aim to improve children's experience and quality of life through use of pro-active educational approaches to support a feeling of wellbeing and to reduce the risk of an incident occurring. We have huge aspirations for the children who learn with us at Teresa House School, providing quality education and support so that young people can develop the skills they need to live independently and contribute positively to their local community.



Independent School

Teresa House School offers specialist education and care for children and young people who experience complex learning and behavioural needs.



Safe Learning Environment

A safe and nurturing education environment that meets the full range of young people's needs with tailored curriculums geared around a deep understanding of young people's challenges.



Partnership Approach

We want every child who learns with us at Teresa House School to reach their potential and really value partnership working with families, schools, local authorities and other professionals.

Academic and vocational learning

Teresa House School has its own distinctive character, atmosphere and facilities. It provides a well-rounded, differentiated and skilfully-supported academic curriculum and vocational learning environment where design technology, arts, crafts and music, outdoor education and life skills all feature highly in our enrichment activities.

Teresa House School help young people to develop their education, social and independence skills so they can fulfil their aspirations and potential. We believe that challenging behaviours, past trauma and learning differences need not be a barrier to success.

Through our distinctive approach we encourage and develop children to be the very best they can be – giving them the confidence to be themselves and drawing out their incredible abilities. Young people are happy, they experience success and each finds their individual opportunity to shine.

✓ Intake and Introduction

On admission young people will complete an intake and induction process. The focus is on Healthy and Safety. Education will mostly be on a 1:2 basis

✓ Learning Skills

During placement children will develop a sense of achievement, responsibility and independent learning skills. Education will progress to a working group size of 1:3.

✓ Re-engagement

Our aim is for all young people to successfully re-engage in mainstream educational settings such as local schools, colleges or training based employment.



At Teresa House School we offer:

Academic

- Arts & Crafts and Music
- ASDAN
- AQA Unit Award
- Employability Skills
- Entry Level
- Functional Skills
- GCSE
- Independent living skills
- Key Skills: Literacy, numeracy and IT
- NCFE

Vocational

- Animal Care
- Arts Award
- Child Care
- Design Technology
- Hair and Beauty
- Health and Social Care
- Music

Our unique education and training

Our people are our difference. It's their dedication, warmth and pursuit of excellence that sets Teresa House School apart.

The Leadership Team are experienced and well qualified professionals who lead a team of fully qualified teachers and instructors, as well as pastoral support assistants. Students follow a broad curriculum blended with a varied range of vocational courses linking in with students interests and preparing them for future employment.

Our cohort of students usually share a background of struggling to attend and achieve in mainstream provisions, therefore at Teresa House School we present them with a bespoke and made to measure alternative approach to education, that draws out their strengths.

✓ Partnership working

- Work in close partnership with the local authority, maintaining a clean and environmentally friendly community
- Engage in a range of outdoor sports such as:
- Horse Riding
- Kayaking
- Hiking
- Mountain Biking

✓ Vocational Learning

- Vocational curriculum/ qualifications
- All students trained in health and safety and first aid
- Health and Social Care
- Child Development

✓ Therapeutic Interventions

- Anger Management
- Anti-bullying
- Bereavement Counselling
- Drugs, Alcohol and Solvent Awareness
- Group work
- Mindfulness Based CBT
- Psychotherapy and Counselling Using the Arts



A multi-disciplinary approach

Teresa House School believes in a holistic approach when looking after our young people. Being a part of Your Chapter means we are part of a therapeutically led organisation and there is close co-operation between Clinical, Care and Education professionals. Our multidisciplinary team (MDT) approach, pairing education and care with a robust therapeutic input is an integral part of our Three Phase 'Wellbeing for Life©' recovery programme and bMINDFUL Psychology.

The backbone of our success

Weekly MDT meetings form the backbone of our practice with colleagues from all three disciplines coming together to discuss each young person. The focus lies on what went well in the past week, where to improve, and the progress made in completing their recovery programme, finishing by formulating a robust plan for the upcoming week.

MDT meetings are chaired by a the Lead Teacher and have an allocated slot for young people to present their views, ensuring they are a part of their recovery programme.

Teresa House School has dedicated clinical suite where all young people complete their 1:1 sessions with our employed Clinical Psychologists.



Why choose Teresa House School?

Our educational programmes offer young people who are more suited to a hands on alternative curriculum to enjoy and achieve. We are also able to offer a more academic route, if this is more suited to a young person's strengths and capabilities.

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Our unique approach of combining our Wellbeing for Life© programme/bMINDFUL Psychology with our bespoke vocational facilities sets us apart from any other provider and enables us to succeed. Educ8 schools has a nation wide portfolio of Department for Education (DfE) registered specialist schools, each of which provides a high standard of education for children with a broad range of Social Emotional and Mental Health (SEMH).

Our schools have achieved excellent qualifications and outcomes in 2021 this includes; A levels, GCSE's, Functional Skills L1/L2, Entry Level Certificates, Vocational qualifications such as Child Development and Silver Arts Award.

Testimonials from our school



Teaching staff have outstanding working relationships with pupils. They adapt lessons skilfully to respond to the needs of individual pupils and to ensure that they achieve to the best of their ability.
(Estyn Report - Teresa House School, June 2021).



All staff know the needs of the pupils exceptionally well and provide outstanding levels of commitment. Pupils make strong progress in their learning and develop confidence in their ability. This confidence helps them to strive for better outcomes in the standards of their work.
(Estyn Report - Teresa House School, 2020).



The Following Policies are available on request:

Safeguarding Policy (will be sent with this brochure), Behaviour Policy, Complaint Policy, Curriculum Policy, Anti Bullying Policy, Teaching and Learning Policy, Exclusion Policy, Subject Policies, First Aid Policy, Health and Safety Policy, Admission Policy and Attendance Policy.



Leading Therapeutic Education



THE PROPRIETOR OF THE SCHOOL IS EVE BARTLET
T: 0161 483 1505, E: INFO@EDUC8.ORG.UK

EXECUTIVE REGIONAL HEAD TEACHER IS CERASELA RADUCANESCU
T: 0161 483 1505, E: CERASELA.RADUCANESCU@EDUC8.ORG.UK

REGIONAL HEAD TEACHER IS NATALIE MOORE
T: 0161 483 1505, E: NATALIE.MOORE@EDUC8.ORG.UK

HEAD TEACHER IS HEIDI LEWIS
T: 0161 483 1505, E: HEIDI.LEWIS@EDUC8.ORG.UK

HEAD OFFICE ADDRESS:
YOUR CHAPTER, HOBART HOUSE, 3 OAKWATER AVENUE,
CHEADLE ROYAL BUSINESS PARK, CHEADLE SK8 3S

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